



The South Carolina
Emergency
Contraception
Initiative

Emergency Birth Control Pills: Selected, Annotated Bibliography*

The following resources were carefully selected to lead health care providers, educators, and advocates to high quality and reliable information on emergency birth control pills. The resources include: Web sites; organizations' policy statements; literature reviews and research analyses; and consumer health information. Online links are provided, wherever possible.

Professional Resources regarding Emergency Birth Control Pills:

Advocates for Youth: www.advocatesforyouth.org Advocates for Youth is dedicated to creating programs and advocating for policies that help young people make informed and responsible decisions about their reproductive and sexual health.

American Society for Emergency Contraception: www.emergencycontraception.org/asec/ ASEC is a collaboration of organizations working to improve women's access to emergency contraception, especially in the United States. ASEC serves as: a source of information on emergency contraception for the media and others; a watchdog for inaccurate or biased articles in the press; and a support to other organizations willing to endorse emergency birth control pills.

American Pharmacists Association: *Emergency Contraception: the Pharmacist's Role, updated edition* [APhA Special Report] Washington, DC: Author, 2004. This continuing education booklet is available online to members at www.aphanet.org/AM/Template.cfm?Section=Search&template=/CM/HTMLDisplay.cfm&ContentID=1913

Association of Reproductive Health Professionals: www.arhp.org/healthcareproviders/resources/ecresources/index.cfm ARHP offers an entire Web section devoted to emergency contraception, including professional and consumer health information, news coverage, fact sheets, and training materials.

Bridging the Gap Foundation: www.managingcontraception.com Offering accurate, practical information about contraceptive options, including emergency birth control pills, *A Pocket Guide to Managing Contraception* is written for health care providers and may be downloaded at no cost. (111 pages)

Food and Drug Administration (FDA): On August 24, 2006, the FDA (www.fda.gov) approved nonprescription sales for Plan B® emergency birth control pills for women 18 years and older. Their announcement of this decision is available at: <http://www.fda.gov/bbs/topics/NEWS/2006/NEW01436.html>

International Consortium for Emergency Contraception. *Emergency Contraceptive Pills: Medical and Service Delivery Guidelines*, 2nd ed. New York: Author, 2004; www.cecinfo.org/publications/PDFs/resources/MedicalServiceDeliveryGuidelines_Eng.pdf

National Conference of State Legislatures *50 State Summary of Emergency Contraception Laws* Denver CO: Author, 2006; www.ncsl.org/programs/health/ECleg.htm An up-to-date guide to laws on EC.

Not-2-Late.com: ec.princeton.edu Operated by the Office of Population Research at Princeton University and by the Association of Reproductive Health Professionals, the site offers accurate information – for both consumers and health care providers – about emergency birth control pills, including: a nationwide (but not comprehensive) directory of medical professionals who will prescribe emergency contraception and pharmacies that will fill prescriptions; current information about the brands of oral contraceptives that can be used as emergency contraception; and a summary of current research.

Reproductive Health Technologies Project: www.rhtp.org provides information about reproductive health issues, including emergency contraception and advocacy for reproductive rights.

South Carolina Campaign to Prevent Teen Pregnancy: www.teenpregnancysc.org The South Carolina Campaign aims to prevent adolescent pregnancy in South Carolina through education, advocacy, technical assistance, public awareness and research. The Web site offers information on trends and data, model prevention programs and training opportunities as well as an issue brief on emergency contraception highlighting key facts, the latest research, and position statements from professional associations.

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Position Statements on Emergency Birth Control Pills

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American College of Obstetricians and Gynecologists. Emergency contraception. *ACOG Practice Bulletin: Clinic Management Guidelines* [No. 69]. Washington, DC: Author, December 2005; members can access this document at www.acog.org/

American Medical Association, Council on Medical Service. *Access to Emergency Contraception* [H-75.985] Chicago, IL: AMA, 2006; www.ama-assn.org/apps/pf_new/pf_online?f_n=browse&doc=policyfiles/HnE/H-75.985.HTM.

American Medical Women's Association. *Emergency Contraception*. Arlington, VA: Author, 2005; www.jamwa.org/index.cfm?objectid=0EF88909-D567-0B25-531927EE4CC23EFB

Association of Reproductive Health Professionals. *Position Statement*; www.arhp.org/healthcareproviders/resources/ecresources/arhposition.cfm

Physicians for Reproductive Choice and Health: www.prch.org/advocacy_policy/ECinfomation.shtml

Society for Adolescent Medicine. Provision of emergency contraception to adolescents: position paper of the Society for Adolescent Medicine. *Journal of Adolescent Health* 2004; 35:66-70; www.adolescenthealth.org/PositionPaper_Emergency_Contraception.pdf

Recent Literature Reviews on Emergency Birth Control Pills

Conard LAE, Fortenberry JD, Blythe MJ, Orr DP. Emergency contraceptive pills: a review of the recent literature. *Current Opinion in Obstetrics & Gynecology* 2004; 16:389-395.

International Consortium for Emergency Contraception. *Emergency Contraceptive Pills: Medical and Service Delivery Guidelines*, 2nd ed. New York: Author, 2004; www.cecinfo.org/publications/PDFs/resources/MedicalServiceDeliveryGuidelines_Eng.pdf

Ranney ML, Gee EM, Merchant RC. Nonprescription availability of emergency contraception in the United States: current status, controversies, and impact on emergency medicine practice. *Annals of Emergency Medicine* 2006; 47:461-471

Trussell J, Stewart F, Raymond EG. *Emergency Contraception: A Cost-Effective Approach to Preventing Unintended Pregnancy*. [February 2006] Available online at ec.princeton.edu/references/EC-review.pdf

World Health Organization. *Medical Eligibility Criteria for Contraceptive Use*, 3rd edition, 168 p. Geneva, Switzerland: Author, 2004; www.who.int/reproductive-health/publications/mec/index.htm

Consumer Health Information Regarding Emergency Birth Control Pills

1.888.NOT.2.LATE or **1.866.EN.TRES.DIAS**: English and Spanish (respectively) language hotlines, operating 24/7, to direct women to an ECP provider near them.

Back Up Your Birth Control: www.backupyourbirthcontrol.org The Campaign encourages women to get emergency birth control pills from their health care provider *before* they need them.

Emergency Contraception Web Site: ec.princeton.edu The site provides a directory of clinicians willing to provide emergency contraceptives in your area.

Go Ask Alice: www.goaskalice.columbia.edu Produced by Columbia University's Health Education Program, this site has questions and answers on all kinds of relationship, sexuality, and sexual health issues.

Planned Parenthood Federation of America: www.plannedparenthood.org/pp2/portal/media/factsreports;jsessionid=3657139C262E146F298468EC2B15ADD4#1100533243027::3340794474973579704 This site offers informative papers on emergency contraception, its history, barriers to access, and the difference between emergency contraception and abortion. The site also offers referral to local clinics.

Sex Etc: www.sexetc.org By teens and for teens, this site helps youth stay healthy, including avoiding unintended pregnancy.

Teenwire: www.teenwire.com This Planned Parenthood site offers great information on sexuality and relationships as well as referral to local clinics.]

*For a comprehensive bibliography of medical and public health research related to emergency contraceptive pills, please visit: www.morningafterinfo.org

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